



JAARVERSLAG VAN DIE VOORSITTER: WES-KAAPSE VERENIGING VIR SPELTERAPIE OKTOBER 2006 – OKTOBER 2007

INLEIDING

Die doelstelling van die Wes-Kaapse Vereniging vir Speltherapie is om 'n professionele liggaam daar te stel vir spelterapeute en ander persone in die Wes-Kaap wat betrokke is by die dienslewering aan kinders en hul gesinne.

Die doel van die verslag is om 'n opsomming te gee van die jaar se werksaamhede en te evalueer in watter mate daar aan die volgende doelwitte aandag gegee is:

- Professionele ondersteuning aan lede
- Die uitbou en ontwikkeling van diensleweringvaardighede
- Die daarstelling van interdisciplinêre skakeling
- Die daarstelling van leergeleenthede deur onder meer die aanbieding van studiegroepe en die bekendmaking van kursusse
- Geleenthede tot onderlinge sosiale skakeling

Die Bestuur van die afgelope jaar was:

Voorsitter	Dr M Dunn
Ondervoorsitter	Me H Louw
Sekretaresse	Me S Toerien
Tesourier	Me H van Niekerk
Addisionele Lid	Me M Stander

ACTIVITIES DURING 2007

The following activities were hosted by the Western Cape Association for Play Therapy during 2007:

STUDY GROUPS

8 February 2007

Topic: Interactional Analysis

Guest Speaker: Mrs Bea de Klerk

Mrs Bea de Klerk, a registered social worker and an expert in this field, presented this discussion. Bea has a private practice, but is involved in training and supervision as well.

Interactional Analysis is a projective technique which evaluates the interactional patterns between a parent and child. It involves vast research done on child-parent bonding and evolves from Transactional Analysis. It is utilized extensively in the forensic field, as well as in custody disputes.

10 May 2007

Topic: The use of Sensory Profiles within Therapy

Guest Speaker: Mrs Annemarie Lombard

Mrs Annemarie Lombaard is an occupational therapist with her own private practice. She has vast experience in working with sensory profiles – of both adults and children. She presented a study group on Sensory Profiles and the use of Sensory Profiles within Therapy.

23 August 2007

Topic: The Experience of Loss and the Implications thereof

Guest Speaker: Mrs Elona Lochner

Mrs Elona Lochner is originally from a nursing background but specialized in the area of Loss and the Implications thereof. Mrs Lochner currently is a child development specialist and renders services to families suffering from grief. She is also involved in training professionals within the area of grief and loss. She focused on Loss, the Implications of Complicated Loss and the Treatment of Loss.

11 October 2007

Topic: Trauma Debriefing

Guest Speaker: Dr Mariette van der Merwe

Dr Mariette van der Merwe is a social worker and co-author of the book, *Entering the child's world. A play therapy approach*. She has been specializing in intervention with adults and children affected by trauma since 1987 and made an intensive study of psycho-traumatology. She is a part-time lecturer at the University of Stellenbosch and regularly presents training courses for social workers and related professions. Dr. Mariëtte van der Merwe is a specialist on trauma debriefing and focused on Trauma Debriefing with Children and Adolescents.

FULL DAY WORKSHOP

In addition to the four study groups, the Association also hosted a multi-disciplinary workshop.

6 June 2007

Topic: The Forensic Interviewing of Children and Related Dynamics

Guest Speaker: Prof Susan Kreston

Prof Susan Kreston, a Visiting Professor in Law from the United States of America, is an expert on criminal law, domestic violence, child abuse and child trafficking. She provides international training in physical abuse, sexual abuse and sexual exploitation prosecution.

She provided a full day workshop on preparing and testifying in court as a professional, as well as interviewing children and adolescents for forensic purposes, incorporating specially designed interviewing booklets from the United States Federal Bureau of Investigation (FBI).

The workshop was:

- Relevant for all role players in child sexual abuse – ranging from police services to social workers.
- CPD-accredited (currently just for social workers)
- R300.00 per person, including tea, lunch and notes
- 6 June 2007 09:00 to 16:00 (Registration at 08:30)
- At the TygerBear Centre, Tygerberg Hospital, Cape Town

Due to popular demand, the Association organized a follow-up forensic workshop which will be taking place on 31 October 2007. This will be done in collaboration with the new Executive Committee.

TERUGBLIK OP 2007

'n Terugblik op 2007 bied 'n weerspieëling van die harde werk wat deur die Bestuur van 2007 gedoen is. Die volgende is bereik gedurende 2007:

1. Alle aktiwiteite van die Vereniging is vir CPD's geakkrediteer en het bygedra tot die opkoms van meer besoekers en lede tydens byeenkomste.
2. Die gemiddelde bywoning per byeenkoms het gestyg vanaf ongeveer 10 na 50 persone per byeenkoms.
3. Die finansiële beeld van die Vereniging het drasties verbeter. Gedurende Oktober 2006 het die nuwe Bestuur met 'n saldo van R750 oorgeneem. Die huidige saldo in die Vereniging se boeke is meer as R24 000.
4. 'n Sterker databasis is daargestel om te verseker dat lede se besonderhede reservert en opgedateer is.
5. Lidmaatskapvorme en lidmaatskapkaartjies is in plek gestel vir lede.
6. 'n Bemerkingsblad is vir die Vereniging opgestel en versprei.
7. Bemerkings van die Vereniging oor die algemeen het verbeter en die Vereniging se ledetal groei.

8. Onderhandelinge rakende 'n webbladsy vir die Vereniging is reeds in volle swang.
9. Onderhandelinge met die Beroepsraad vir die registrasie van Spel terapie as 'n registrasiekategorie is in volle swang en word deur die Voorsitter gedryf.

VISION FOR 2008

In addition to what has been achieved, the following can be envisioned for 2008:

1. Spreading the Association's wings to becoming a National Association;
2. Building international relationships with international Play Therapy Associations;
3. Aiming to provide more privileges to current members – by providing a news letter, discount at workshops, etc
4. Continuously working on the registration of Play Therapy at the HPCSA.

SLOT

In retrospek, is voldoen aan al die doelwitte wat in die Grondwet gestipuleer word.

'n **Ongelooflike groot dankie** aan die Bestuur van 2007 – hulle het regtig hard gewerk om die afgelope jaar so baie dinge te laat gebeur – baie tyd is opgeoffer en geen vergoeding is daarvoor ontvang nie – baie dankie!!! Saam met so 'n span kan berge versit word.

Dankie vir elke persoon wat die afgelope jaar 'n bydrae gelewer het - net deur op te daag vir studiegroepe of werksinkels is 'n verskil gemaak.

Dankie vir die voorreg om gedurende 2007 as Voorsitter te kon dien.

Baie sterkte met die nuwe Bestuur – mag 2008 vir jul 'n droomjaar wees!!

Vriendelike groete

Dr Munita Dunn
VOORSITTER / CHAIR PERSON